

December 2019

November '19							January '20						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2				1	2	3	4
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Macaroni and Cheese with Bacon Crumble, Salad Bar, Watermelon, Fruit, Milk	3 Tender Roast Pork, Pan Juices, Brown Rice, Salad Bar, Sliced Strawberries, Fruit, Milk	4 Tuna or Ham Sandwich, Sliced Tomatoes, Provelone Cheese, on 9 Grain Whole Wheat Bread, Salad Bar, Melon, Fruit, Milk	5 Pizza (Pepperoni or Cheese), Salad Bar, Grapes, Fruit, Milk	6 Lean Turkey Chili and Brown Rice, Salad Bar, Melon, Fruit, Milk	7
8	9 Quesadilla (Chicken or Cheese), Whole Wheat Tortilla, Watermelon, Fruit, Salad Bar, Milk	10 Penne Pasta in Marinara Sauce with Meatballs, Salad Bar, Fresh Melon, Fruit, Milk	11 Chicken Tenders, Salad Bar, Fresh Melon, Fruit, Milk	12 Beef Broccoli and Brown Rice, Salad Bar, Fresh Melon, Fruit, Milk	13 Teriyaki Chicken and Brown Rice, Salad Bar, Fresh Melon, Fruit, Milk	14
15	16 Fire Seared Flank Steak Burrito with Bean and 2 Cheeses, Salad Bar, Melon Fruit, Milk	17 Ginger Chicken Stirfry and Brown Rice, Salad Bar, Melon Fruit, Milk	18 Turkey Club Sandwich, Sliced Tomatoes, Provelone Cheese, on 9 Grain Whole Wheat Bread, Salad Bar, Melon, Fruit, Milk	19 Pizza (Pepperoni or Cheese), Salad Bar, Grapes, Fruit, Milk	20 Turkey Burger on Whole Wheat Bun, Salad Bar, Fresh Melon, Fruit, Milk	21
22	23	24	25	26	27	28
Winter Break						
29	30	31	1	2	3	4
Winter Break						
5	6	<p>Notes</p> <p>All menu items are subject to change according to seasonality and availability. Please refer to the Kihei Charter School Online Menu for any changes. Updates may occur a day in advanced.</p> <p>"This institution is an equal opportunity provider."</p>				